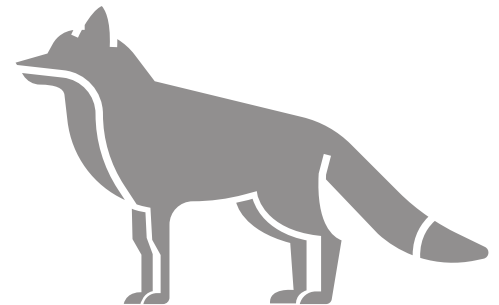
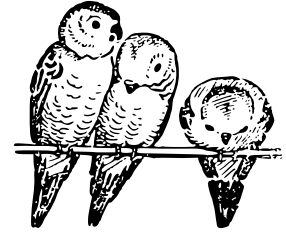


Movement Scavenger Hunt in Nature

Find ways to move through your environment as you investigate!
Be careful that you are respectful of sensitive habitats.

- Find a fallen log to walk across like a balance beam.
- Skip down a path.
- Jump over or into a puddle.
- Throw a stick towards a meadow like a javelin.
- Find a big hill to run or climb up.
- Prowl like a predator and try to sneak up on birds quietly.
- Walk on your hands and feet like a bear cub.
- Run fast down a flat path.
- Peek under a low branch. Crouch low and walk through.
- Flap your arms like a bird about to take flight.
- Rest in the shade of a tree.



Movement Scavenger Hunt



Howard
County
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connecting people to nature